



CONFUSING, QUESTIONING AND CATALYSING. AN ECOLOGICAL PERSPECTIVE ON THE RELATIONAL PRACTICE OF MUSICIANS IN HEALTHCARE

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On fostering musical relationships...

“The successful musician of the twenty-first century will arguably be the one who welcomes and encourages a closer and more personal engagement with the people they are performing to” (Dobson & Sloboda, 2014, p. 171).

Especially musicking that is developed in close connection with its people in its physical and cultural space allows relationships, for example, to be explored, affirmed or celebrated (Small, 1998; Odendaal et al., 2010).



Emotional geographies

“To make their performance ‘work’ musicians actively create emotionally charged contexts. They do this through a range of practical strategies; acquiring basic performance skills, preparing set lists or programmes, rehearsing and staging events, finding ways to extend their own embodied experiences into their own performing space” (Wood & Smith, 2004, p. 537)



'Staging' emotions

Person-centered music making involves *directness, connectedness and collectiveness* (De Wit & Sevindik, forthcoming).

'Staging' emotional qualities includes navigating the experience of the other, but equally one's own, even if that means slightly shifting away from the co-creative incentive.



Emotions as a catalyst for inspiration and change



“We know that when [the musicians] are here, it will be an emotional week. And since I was attending every single day of this pilot, I am indeed ‘emotionally empty’. But I would not have missed it for the world. When you are here, we have different, more personal conversations in the team. It makes it heavier than normal, but very worthwhile.” (ProMiMiC Pilot 3 UMCG, FN)

“What moved me more was something that came later to me. [...] After seeing [that patient] experience the Fado piece, I felt [...] he is enjoying life so much. In one way or another, music connects you to the patient. And yes, one way or another it also makes for a different, deeper connection.” (ProMiMiC Lab 2, NJ)



Concluding...

Thank you!

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More on MiMiC and related research:

[Introduction to the MiMiC-practice and interprofessional collaboration within:
https://vimeo.com/841827846](https://vimeo.com/841827846)

Research output on ProMiMiC research:

<https://research.hanze.nl/en/projects/promimic-promimic-professional-excellence-in-meaningful-music-in->

