
 **'To tell or not to tell'** 

Disclosing your mental health problems in an educational setting

Session 2

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Learning Objective

The participants will have increased knowledge and skills how to help students to disclose or not to disclose their mental health problems

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Overview

Session 2

- Review
- What to tell
- Exercise
- How to tell
- Exercise
- Research on the tool
- Summary and evaluation

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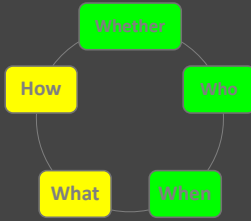
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Review

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4

5 aspects of the skill Disclosing



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5

WHAT TO TELL

6

HOW TO TELL

7

RESEARCH



8

Products



Manual for professionals



Worksheets for students

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SUMMARY AND EVALUATION

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Thank you very much for your attention and participation!

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