Education of Family Systems Nursing in the Bachelor/Undergraduate Nursing Curriculum

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Outline

• Introduction to the Netherlands and Denmark
• Family life in different countries
• Nursing education in the Netherlands and Denmark
• Experiences with implementation of FSN in Groningen and Vejle
• Discussion
The Netherlands

Area: 42,508 km²
Coastline: 451 km
Highest point: 322.7
Population: 17.8 million people
Birth rate: 1.66 per family
Life expectancy: 81.51 (2016)
Language: Dutch
Religion: Roman Catholic 23.7%, Protestant 15.5%, Islam 4.9%, other 5.7%, none 50.1% (2015 est.) (Holland.com)
Denmark

Area: 42,916 km² (16,570 mi²)
Coastline: 7314 km (4544 mi)
Highest point: 173 m
Population: 5.6 million people
Birth rate: 1.8 per family
Life expectancy: 80.7 years (2016)
Language: Danish
Religion: 90% Protestant

(source: Denmark.dk)
Family life

The Netherlands

Denmark
Share the typical family life aspects from your country two by two (5 minutes)
Nursing education in The Netherlands

Nurses are generalists

- At EQF level 5-6 after the 4 year bachelor degree (240 ECTS) at Universities of Applied Sciences or
- At EQF level 4 after 4 years diploma degree (level 4) at schools for Vocational Education

Further education;

- Specializations in e.g. geriatric nursing, critical care or oncology
- Master ANP (two year, 120 ECTS, Universities of Applied Sciences)
- Master Nursing Science (EQF level 7, two year, 60 ECTS, University Level)
- PhD (EQF level 8, University Level)
Nursing education in Denmark

- Nurses are generalists after the 3½ year bachelor degree (210 ECTS – 90 ECTS practice) which means that the nurse can get many different jobs except the ones requiring further training.

Further education and training:

- **Diploma degree** (60-90 ECTS)
  - Anesthesia
  - Intensive care
  - Hygiene
  - Specialist training for nurses in psychiatric nursing
  - Health visitor program
  - Specialist training for nurses in cancer care

- **Master degree** (120 ECTS)

- **PhD** (180 ECTS) (http://sundhedsstyrelsen.dk/~/media/EA7402B8B2964CAE80721E8381236E54.ashx)
Implementation of FSN in the Nursing Curricula
Innovation Lab Family Care

The ‘problem’ in society

Due to extensive changes in the Dutch healthcare system, there is an increasing emphasis on the patients’ and families’ own responsibility for health and care;

Transition a ‘the Participatory Society’

Families are more and more expected to take up the care for their family member in need of care. Health care professionals need to take up different roles and competencies to support families.

The Innovation Lab Family Care was initiated to develop optimal family care provided by nurses in the Northern part of the Netherlands.
**Innovation Lab Family Care**

**Knowledge to action framework**

**Education**

Six-day training in Family Nursing Conversations

**Practice**

Performing Family Nursing Conversations in practice

**Research**

- Evaluation of the training *(Broekema, JFN, 2018)*
- Nurse Fidelity to the intervention *(Broekema et al, SJCS, 2019)*
- Benefits of the FNC from the patient/family perspective *(Broekema et al, in progress)*

**Hanzehogeschool Groningen**

**University of Applied Sciences**

**Research Group Nursing Diagnostics**

**Erhvervsakademi og Professionshøjskole**
Innovation Lab Family Care

Education

Research

Practice
# FSN in the Nursing curriculum

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<th>Year 1</th>
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<td>Block 1</td>
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<td>Block 2</td>
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<td>Block 3 &amp; 4</td>
<td>Clinical practice</td>
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<td>Assignment in practice**</td>
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*A block consists of 7 weeks education*
Assignment in practice

Based on a real case in practice

- Draw a genogram/ecogram
- Perform a family assessment based on …..
- Perform a Family Nursing Conversation ……..
- Write a Therapeutic Letter
Progression of FSN components throughout the undergraduate nursing curriculum

1. semester
Patient perspective in the Beliefs and Illness model

2. semester
Genogram and family assessment

3. semester
Family development, family nursing and systems theory

4. semester
Intervention, The Calgary Family Intervention Model and systematic communication

5. semester
The professionals' beliefs. Bringing change

6.-7. semester
Society's beliefs. Political and organizational influence on family nursing
Discussion

What are your beliefs regarding the implementation of FSN in the nursing curriculum in your organization/country?

and

What are the requirements or barriers for implementation of FSN in your organization?
Thank you for being here!!
References


• Denmark.dk and Holland.com for information about the countries

• Sundhedsstyrelsen (2017) Specialiseringer i sygeplejen - udvikling af en fælles begrebsramme (http://sundhedsstyrelsen.dk/~media/EA7402B8B2964CAE80721E8381236E54.ashx) (27/06/2019)