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**Aspects of family caregiving as addressed in planned discussions between nurses, elderly patients and family caregivers**

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# Introduction

Family caregivers important for self-care of elderly (Salyer, et al., 2012) (Vassilev, et al., 2011) (Luttik, et al., 2007)

Support of family caregivers post-discharge becomes more demanding (decrease in length of hospital stay and increasing complexity of care)

Communication on family caregiving issues on behalf of the coordination of care becomes more important.

# Aim

To gain insight into how aspects of family caregiving are addressed during planned discussions, between nurses, elderly patients experiencing chronic conditions and family caregivers in the hospital

# Method

Qualitative descriptive design

Observations and audio recordings of planned discussions

Patients  $\geq 65$  years with one  $>$  chronic conditions who still live at home

# Method

## *Participants*

Patients  $\geq 65$  years with one  $>$  chronic conditions who still live at home

Family caregivers who were present during planned discussions in hospital

# Method

*Data analysis*

Qualitative content analysis - summative approach

Identify aspects of family caregiving and quantify data to explore usage

# Results

62 patients included

		M	SD
<b>Age</b>		76	7,2
		N	%
<b>Gender</b>	Male	32	52
<b>Living status</b>	With partner	39	63
	Living alone	20	32
	Living with child	2	3
	Living in a residential group	1	2
<b>Number of chronic conditions</b>	1 chronic disease	19	31
	2 $\geq$ chronic diseases	43	69

# Results

Data from 62 admissions- and discharge interviews and 22 care-plan evaluation interviews (146)

	Mean in minutes	SD	Range
Admission interviews	21	8.3	
Care plan evaluation	17	7.1	
Discharge interviews	5	4.7	



# Results

*Presence of family caregivers*

47 (76%) during admission interviews

18 (82%) during care plan evaluation

42 (68%) during discharge interviews

# Content of formal interviews

## *Three themes*

Social network

Social network inventory

Support & role family caregivers

Organization of  
care

Nursing unit information

Coordination of discharge

Patient related  
aspects

Personal patient information

Health status & treatment

# Conclusion / Discussion

