

Healthy without work?

A study on changes in the value of work and its relation with wellbeing and participation in society among the unemployed aged 45+
-Nienke Velterop-

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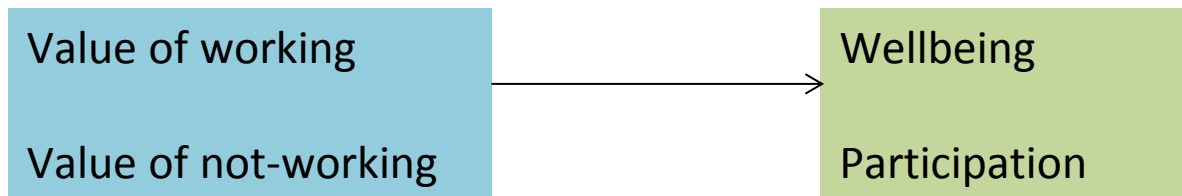
Who?

- Hanze University of Applied Sciences Groningen;
Centre of Applied Labour Market Research
- UMCG; Department of Health Sciences
- Netherlands Organisation for Applied Scientific
Research TNO, Hoofddorp
- Social Services of the municipalities of Delfzijl,
Assen (and Groningen)

What?

<http://www.youtube.com/watch?v=g1nHJnFI45U>

- Jahoda's Latent Deprivation Theory (1981)



What?

- Value of working:

A belief in the centrality of work and the psychological identification with work in general (Kanungo, 1982)

- Value of not-working:

A belief in the centrality of non-work activities and psychological identification with these activities

Why?

- Vulnerability of the older unemployed worker;
 - unemployment → health deprivation
 - decreasing reemployment succes
 - inaccessibility of interventions regarding sustainable employability
- Little attention for the older unemployed population

How?

- **Prospective cohort study:**
- Unemployed individuals aged ≥ 45 streaming into Social Services Groningen due to unemployment
- October 2014 – September 2016
- Follow-up measures after 3 months, 6 months and 12 months
- Self-report questionnaire
- (interview)

How?

- **Measures cohort study:**
- Value of working
- Value of not-working
- Work motivation
- Wellbeing/quality of life (SF-12)
- Work perspectives
- Copingstyle (?)



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