JOGG
(Jongeren op Gezond Gewicht)

Natural experiment

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JOGG

• Based on EPODE
  (Ensemble Prevenons l’Obesite des Enfants)

• Prevention overweight children 0-19

• Physical Activity & Diet

• Community based, multi level
## JOGG

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Scientific Guidance and Evaluation

- **Physical Activity ↑ Healthy Nutrition ↑**
- **Attitudes Awareness Skills Knowledge**
- **Increase % children with a healthy weight**
Context JOGG Drenthe
Outcomes

– Decrease % overweight (BMI)
– Diet & PA

– Design under construction: experimental vs. control cohort

– Period 2014-2018

– 11-12 municipals

– Number children?
Participants

- JOGG
- GGD Drenthe
- Municipals
- SportDrenthe
- Private & public organizations
- University of Applied Sciences Groningen
- University Medical Center Groningen (UMCG)