Building a Supported Education Network: lessons learned in Europe

Supported Education Symposium
New York, May 28th 2019

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Overview

- History of SEd in the Netherlands
- Supported Education in Europe
- Building a European SEd Network
- Q & A

History of Supported Education in the Netherlands

1999

- Need for education (with support)
- No or little (structural) attention for the life area of learning in the MH Care System / Psychiatric Rehabilitation
- No or little (structural) attention for students with psychiatric disabilities in regular educational settings
Supported Education

is defined as the provision of individualized, practical support and instruction to assist people with a psychiatric condition to achieve their educational goals

(Anthony et al., 2002)

SEd: the link between psychiatry and education

Psychiatry  SEd  Education

Patient => Client/consumer => Citizen => Learning => Student

2003
Start of the Supported Education Innovation Center

Aim: to develop products and services for and provide information to students, clients, family members, educational staff and MH practitioners about studying with a psychiatric condition
Activities 2003-2019

- SEd initiatives and programs in ±20 cities or regions in the Netherlands
- Six national SEd conferences
- Websites www.begeleidleren.nl & www.supportededucation.eu
- ±40 articles in journals; ±120 presentations & workshops
- SEd training for MH practitioners and Educational staff
- Services for students/clients with MH-problems
- 26 Supported Education projects

Putting Innovations into Practice

- Individualized support
- Decision making course
- Disclosure Tool
- Peer Support Group
- Cognitive Remediation Training
- WRAP for School
Interest from and contacts with other (European) countries

Europe Supported Education
ImpulSE project
(2013-2016)

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Aim 1 of the ImpulSE-project

*Development of a Supported Education Toolkit filled with knowledge, products and services to support students with a psychiatric condition*

Target group: students/clients, Mental Health & Education professionals, family members & administrators

Project philosophy

A B C of Supported Education

12 13 14 of Treatment

A B C of Supported Education
Supported Education Toolkit

Section 1  Introduction
Section 2  Choose-Get-Keep services
Section 3  Implementation manual

Toolkit

Toolkit is freely available at www.supportededucation.eu

The toolkit is available in English, Dutch, Norwegian, Czech, Portuguese and Swedish

ImpulSE Aim 2

Establishing A European Network on Supported Education (ENSEd)
Goal

The European Network Supported Education (ENSEd) is an international network of people and organizations dedicated to improve the support of people with a psychiatric condition who want to return to or to remain at school.

Aim of the Network

➢ To raise awareness about the educational needs of (young) adults / students with a psychiatric condition
➢ To provide information about Supported Education activities and services

Potential Members

- Mental Health practitioners
- Educational staff
- Students / clients
- Family members
- Vocational rehabilitation (IPS)
- Social security staff
- Researchers
- Policy makers
Membership 1

Members of the group or network should have been chosen for their interest and commitment with Supported Education

Membership 2

• It is better to select people to form the initial network. Initially have a small network and then gradually select people to increase the network

• This is better than having an initial network of 40-50 people which reduces to 5-10 people

Growing membership

• Each initial partner has identified and subsequently involve another “Supported Education Network partner” in its own country and one in another country)

• This has extended ENSEd from the starting 4 partners to 12, in at least eight countries

Choose the right platform

Virtual meetings via
• Website
• Linked in
• Facebook
• ?

Face to face meetings via
• Symposium/conference
• Workshops
• Training
• ?
Choose the content

- Publications
- Presentations
- Toolkit with interventions
- Good practices
- Videos
- Links
- Training opportunities
- New projects/activities

Network Communication

- Contact information (email address)
- Application form
- Dropbox / helpdesk
- Newsletter
- Online courses for students/clients & professionals

Membership benefits

Membership is for free and benefits include:

- Updated SEd information for students, consumers, professionals, family members, etc. who are interested in SEd
- Exchange of information, ideas and experiences for professionals who are involved in SEd activities
- Information and advice for organizations who want to start and implement SEd activities
- 2-3 years SEd conference
- SEd knowledge, services and products (SEd Toolkit)
- Finding partners for project collaboration (Sweden, Netherlands)

Website

http://www.supportededucation.eu/

Courses/training

http://www.supportededucation.eu/online/

Application form

http://www.supportededucation.eu/?page_id=534

Dropbox

http://www.supportededucation.eu/?page_id=1340

Linked In SEd Group

https://www.linkedin.com/groups/3459768/
Website Supportededucation.eu

- > 75,000 visits per year
- 75 countries (top 27)

Website www.begeleidleren.nl
- > 150,000 visits per year

Summary lessons learned
- Clear aim of the SEd network
- Committed members
- An easy accessible platform (e.g. website)
- Growing network
- Ownership (facilitator)
- Maintenance takes time (money)
- Face to face meetings (symposia, workshops)
- Network is a mean not a goal in itself

SEd Goal

To help (young) adults with a psychiatric condition to choose, get and keep mainstream education
Not only runners move forward, also they who limp.

Not only Serena Williams and Aaron Judge move forward, also students in New York (New Amsterdam) with a psychiatric condition.

Thank you very much for your attention.

Lies Korevaar

Q & A