Healthy without work?

A study on changes in the value of work and its relation with wellbeing and participation in society among the unemployed aged 45+

-Nienke Velterop-
Content

- Who?
- What?
- Why?
- How?
Who?

- Hanze University of Applied Sciences Groningen; Centre of Applied Labour Market Research
- UMCG; Department of Health Sciences
- Netherlands Organisation for Applied Scientific Research TNO, Hoofddorp
- Social Services of the municipalities of Delfzijl, Assen (and Groningen)
What?


http://www.youtube.com/watch?v=g1nHJnFl45U

Value of working
Value of not-working

Wellbeing
Participation
What?

• **Value of working:**
  
  *A belief in the centrality of work and the psychological identification with work in general* (Kanungo, 1982)

• **Value of not-working:**
  
  *A belief in the centrality of non-work activities and psychological identification with these activities*
Why?

• Vulnerability of the older unemployed worker;
  - unemployment $\rightarrow$ health deprivation
  - decreasing reemployment success
  - inaccessibility of interventions regarding sustainable employability
• Little attention for the older unemployed population
How?

• Prospective cohort study:
• Unemployed individuals aged ≥ 45 streaming into Social Services Groningen due to unemployment
• October 2014 – September 2016
• Follow-up measures after 3 months, 6 months and 12 months
• Self-report questionnaire
• (interview)
How?

- **Measures cohort study:**
  - Value of working
  - Value of not-working
  - Work motivation
  - Wellbeing/quality of life (SF-12)
  - Work perspectives
  - Coping style (?)